



Tiger Fitness Test 2024-2025

Each fall Entiat Elementary student's 1st - 5th grade participate in the Tiger Fitness Test. The test measures each individual's levels of health related components of fitness and involves the following 5 components: Sit and Reach to measure flexibility, Pull-Ups and / or Flexed Arm Hang to determine upper body strength and endurance, Curl-Ups or Sit-Ups to define core strength and muscular endurance, Shuttle Run to measure explosive speed and lastly, the ¼ or ½ Mile Run to calculate cardiorespiratory endurance. Upon completion of the test, each student's results are compared to nationwide standards. Individuals who reach specific levels in all 5 components receive the Tiger Fitness Award.



2024-2025 Tiger Fitness Award Winners

1st Grade Alessandra Pina, Diego Pulido, Ezar Medina-Garcia, Isaac Quezada, Issacc Guerrero Guillen, Levi Loveland, Ryder Wrynn, Teagan Bradford, Uzziel Morales-Salazar, Charlie Pickens and Cora Martin.

2nd Grade Ava Jimenez, Bridget Paz-Oros, Kason Zuk, Maria Vilchis-Garcia, Kaleb Goodrich, Santiago Valladares, Thomas Olmos, Arlett Medrano-Guzman, Edwin Capacho, Snyder Fernandez-Hernandez, Madyson Swanson, Santiago Gonzalez De La Cruz and Elias Verduzco.

3rd Grade Addilyn Valle, Carter Paz, Danna Gonzalez Sandoval, Ellie Perez, Ethan Medina-Garcia, Mia Garcia Argote, Mya Garibay, Nicole Paz-Oros, Stowik Wheeler, Zayden Olmos, Easton Mitchell, Elliott Wilson, Emma Arnold, Johnny Sanchez, Kashten Harris, Kenna Cox, Leona Jennings and Margaret Fidler.

4th Grade Gael Medrano, Jeyden Morales, Axel Morales-Salazar, Mason Pipkin, Sophia Pulido, Paisley MacMaster, Ozyel Medrano-Guzman, Kimberly Mendoza, Yaritza Morales, Asher Pickens, Abigail Quezada and Matias Verduzco

5th Grade Westin Babst, Daliha Stenberg, Juan Valle, Elliot Liek, Deion Paz, Vivian Poyner and Ashlynn Tucker.

Entiat Wildfire Town Hall Meeting

(Thursday April 24, 2025 At 6:30 p.m.)
Entiat Warehouse Community Church
14916 US-97 ALT, Entiat, WA

The 2025 wildfire season is approaching and it's time to get prepared early. On April 24, 2025, the American Red Cross in association with Chelan County Fire District #8, Chelan County Emergency Management, and the Chelan Douglas Health District will be hosting a Town Hall Meeting at the Entiat Warehouse Community Church to provide information on possible wildfire response activities in the event of a fire in the Entiat area. Come and get informed on how a wildfire in your area may impact you and your property and how the responding agencies may help you during that time.

You will also get a preview of a Wildfire Preparedness Event the American Red Cross will be holding in the Entiat area in May (see below).



American Red Cross
Serving the Greater Inland
Northwest



GEAR UP on the GO! Field trip to Eastern Washington University for Seniors looking at 4 year university options!



Thank You!



ToothSavers

¡Buenas Noticias! Nuestra escuela se ha asociado con ToothSavers para ofrecer cuidado dental en la escuela. [HAGA CLIC AQUÍ](#) para inscribir a su hijo hoy.

Sin Costo Para Usted

Aun mejor, el cuidado dental es por lo general sin costo para usted. Todos los seguros son aceptados incluyendo Medicaid y CHIP. Una opción de pago de bajo costo está disponible para aquellos que no tienen seguro.

Conveniente y cómodo

Nuestro programa dental dentro de la escuela le ahorra tiempo y proporciona un lugar seguro y cómodo para que su niño reciba cuidado dental por parte de profesionales locales. La atención dental incluye exámenes de salud bucal, sellantes, fluoruro, y fluoruro diamino de plata (SDF).

Cuidado dental para una vida sana

Los niños que ven a un dentista con regularidad pueden tener menos problemas de salud como:

- Pérdida temprana del diente debido a la caries dental
- Enfermedad de las encías
- Cardiopatía
- Deterioro del desarrollo del habla

Ayude a mantener a su hijo sano, en la escuela y aprendiendo. [SIMPLEMENTE HAGA CLIC AQUÍ PARA INSCRIBIRSE EN LINEA](#)

Great news! Our school has partnered with ToothSavers to offer dental care right at school. [CLICK HERE](#) to sign up your child today.

No Cost to You

Even better, dental care is usually at no cost to you. All insurance is accepted including Medicaid and CHIP. A low cost self-pay option is available for those without insurance.

Convenient and comfortable

Our in-school dental program saves you time and provides a safe and comfortable place for your child to receive gentle dental care from local professionals. Dental care includes oral health screenings, sealants, fluoride, and silver diamine fluoride (SDF).

Dental care for a healthy life

Children who see a dentist regularly may have fewer health issues like:

- Early tooth loss due to dental decay
- Gum disease
- Heart disease
- Impaired speech development



Help keep your child healthy, in school and learning. [SIMPLY CLICK HERE TO SIGN UP ONLINE](#)



School Avoidance: Tips for Concerned Parents ***Evasión o fobia a la escuela: consejos para padres preocupados***



School avoidance (sometimes called school refusal or school phobia) is a term used when a child regularly resists going to school. Kids may outright refuse to attend or create reasons why they should not go. They may miss a lot of school, complaining of not feeling well, with vague, unexplainable symptoms. For more information please visit the Counselor's Corner on the school website at entiatschools.org

La evasión de la escuela (a veces llamada rechazo a la escuela o fobia a la escuela) se da en hasta un 5% de los niños. Los niños podrían directamente negarse a ir a la escuela o inventar motivos por los que no deberían ir. Es posible que falten mucho a la escuela y que se quejen de no sentirse bien con síntomas poco específicos e inexplicables. Para mas información favor de visitar el sitio web entiatschools.org.

Tips on Talking to Your Kids About Vaping ***Consejos para hablar con sus hijos sobre el vapeo***

Sample Conversations + Responses

Open the conversation with a question to gauge how much your child knows.

- I read an article today about vaping. Do you know what vaping is? Do kids at your school vape?
- My friend was telling me that her kid is getting awful peer pressure at school to vape. Have you ever felt pressured to vape?
- My friend told me she found a vaping device, and it made me wonder: Have you seen these kinds of vaping devices?

Ejemplos de Conversaciones + Respuestas

Inicie la conversación con una pregunta para evaluar cuánto sabe su hijo.

- *Hoy leí un artículo sobre el vapeo. ¿Sabes qué es vapear? ¿Los niños de tu escuela vapean?*
- *Mi amiga me decía que su hijo está recibiendo una terrible presión de grupo en la escuela para vapear. ¿Alguna vez te has sentido presionado a vapear?*
- *Mi amiga me dijo que encontró un dispositivo de vapeo y me hizo preguntarme: ¿Has visto este tipo de dispositivos de vapeo?*

Dear Entiat Students, Parents, and Community Members,

As the days grow warmer and signs of spring bloom all around us, it's a perfect time to pause and thank you for your continued support of our schools. Your involvement truly makes a difference, and we're so grateful to have you as part of our Entiat school community!



A Few Important Updates:

- **Spring Break:** It's just around the corner - **March 31st to April 4th!** We'll see everyone back and ready to go on **Monday, April 7th!** We hope you enjoy a relaxing and fun-filled Spring Break! Whether you're traveling or staying close to home, please remember to stay safe and return refreshed and ready to learn.
- **PTO Meeting:** With Spring Break on the horizon, the April meeting has been moved to **Wednesday, April 9th, at 6 pm in the Library.** Can't make it in person? No problem! There will be an online option available. Just email: entiatpto@live.com for more details.
- **Parent and Student Engagement Night:** We're excited to invite you to a special event on **Wednesday, April 23rd, from 5 - 8 pm at Entiat Schools.** Several community agencies will be providing valuable resources for parents and students, including: Chelan-Douglas Health District, Catholic Charities (Youth Crisis Program), Grant County Health District, Together for Youth, and more. Dinner and babysitting will be provided with an RSVP! More information coming soon.
- **State Testing Season is Almost Here:**
With Spring's arrival comes our annual state testing window, running from the **end of April through May 23rd.** Here's what to expect:
 - The **Washington Comprehensive Assessment of Science (WCAS)** will be given to students in **5th, 8th, and 10th grades.**
 - The **Smarter Balanced Assessment (SBA)** for **Math and ELA** will be administered to students in **grades 3 - 8 and 10** during the same timeframe.
 - **District Benchmark Assessments (iReady, NWEA, and DIBELS)** will be conducted in May to measure student growth from Fall to Spring. These assessments help us understand how students are progressing and are reported to the state for those receiving extra support through the Learning Assistance Program (LAP).
 - **Your student's teacher will share specific testing dates, so keep an eye out for those details!**
- **A Special Thank You:**
We want to send a huge THANK YOU to all our amazing students, families, and community members who showed up on Sunday, March 23rd to help Mrs. Tewell's STEM Class install their new greenhouse! Your hard work and dedication are deeply appreciated, and we can't wait to see the exciting projects that will be growing in the coming months.

Thank you for sharing your amazing student with us!

Tracie Husted
Principal

Estimados estudiantes, padres y miembros de la comunidad de Entiat,

A medida que los días se vuelven más cálidos y la primavera florece a nuestro alrededor, es el momento perfecto para hacer una pausa y agradecerles por su continuo apoyo a nuestras escuelas. ¡Su participación realmente marca la diferencia, y estamos muy agradecidos de tenerlos como parte de nuestra comunidad escolar de Entiat!

Algunas actualizaciones importantes:

- **Vacaciones de primavera:** ¡Ya casi llegan! Del **31 de marzo al 4 de abril.** Nos reuniremos nuevamente el **lunes 7 de abril.** ¡Esperamos que disfruten de unas vacaciones de primavera relajantes y divertidas! Ya sea que viajen o se queden cerca de casa, recuerden mantenerse seguros y regresar renovados y listos para aprender.
- **Reunión del PTO:** Con las vacaciones de primavera acercándose, la reunión de abril se ha trasladado al **miércoles 9 de abril a las 6:00pm en la biblioteca.** ¿No pueden asistir en persona? ¡No hay problema! Habrá una opción en línea disponible. Solo envíen un correo electrónico a: entiatpto@live.com para más detalles.
- **Noche de participación para padres y estudiantes:** ¡Estamos emocionados de invitarlos a un evento especial el **miércoles 23 de abril, de 5:00pm a 8:00pm en las Escuelas de Entiat!** Varias agencias comunitarias ofrecerán recursos valiosos para padres y estudiantes, incluyendo: **Distrito de Salud de Chelan-Douglas, Caridades Católicas (Programa de Crisis Juvenil), Distrito de Salud del Condado de Grant, Together for Youth,** ¡y más! Se proporcionará cena y servicio de guardería con previa confirmación de asistencia. ¡Más información próximamente!
- **Temporada de exámenes estatales:** Con la llegada de la primavera, también llega nuestra temporada anual de exámenes estatales, que se llevará a cabo desde **finales de abril hasta el 23 de mayo.** Esto es lo que pueden esperar:
 - La **Evaluación Integral de Ciencias de Washington (WCAS)** se aplicará a los estudiantes de **5, 8 y 10 grado.**
 - La **Evaluación Smarter Balanced (SBA) de Matemáticas y Artes del Lenguaje Inglés (ELA)** se administrará a los estudiantes de **3 a 8 y 10 grado** en el mismo período.
 - Las **Evaluaciones de Referencia del Distrito (iReady, NWEA y DIBELS)** se llevarán a cabo en mayo para medir el crecimiento estudiantil desde el otoño hasta la primavera. Estas evaluaciones nos ayudan a comprender el progreso de los estudiantes y se informan al estado para aquellos que reciben apoyo adicional a través del Programa de Asistencia de Aprendizaje (LAP).
 - El maestro de tu estudiante compartirá fechas específicas para los exámenes, ¡así que mantente atento a esos detalles!
- **Un agradecimiento especial:** Queremos enviar un enorme **¡GRACIAS!** a todos nuestros increíbles estudiantes, familias y miembros de la comunidad que asistieron el **domingo 23 de marzo** para ayudar a la **clase de STEM de la Sra. Tewell** a instalar su nuevo invernadero. ¡Su arduo trabajo y dedicación son profundamente apreciados, y estamos ansiosos por ver los emocionantes proyectos que crecerán en los próximos meses!

¡Gracias por compartir con nosotros a sus increíbles estudiantes!

Dear Entiat School District Families,

Spring is officially here, and by the time you are reading this, you are likely enjoying spring break with your family. I'm sure with you as with our entire staff, it is a much-needed break as we move into the final months and sprint to the end of the school year. April is probably my favorite month, not because it was the month I was born 61 years ago, but because it is a time of growth, both in nature and in our schools, as students continue their learning journeys and prepare for the opportunities ahead.



Celebrating Our Volunteers

April is National Volunteer Month, and we want to take this opportunity to express our heartfelt thank you to all the volunteers who contribute their time and talents to our schools. Whether you're assisting in classrooms, helping construct a greenhouse, reading to students, or supporting extracurricular activities, your efforts are invaluable. Thank you for making a positive impact on our students' lives.

Spring Sports & Activities

Spring sports are well underway, and our student-athletes continue to impress with their dedication and teamwork. There has already been a school record set in track and field. You can find Entiat T&F results [HERE](#). We encourage everyone to come out and support our Tigers in Tennis & Track and Field. Your presence and encouragement make a significant difference to our athletes, and we love seeing our community come together to cheer them on.

Looking Ahead

As we near the end of the school year, we have a lot to look forward to—spring concerts, state championships, senior projects, and graduation celebrations are just around the corner. These milestones remind us of the hard work and dedication of our students, staff, and families. Let's continue working together to finish the school year on a high note! There is still much to accomplish, and we appreciate the ongoing partnership of our families, staff, and community members in making Entiat a great place to learn and grow.

BETTER TOGETHER: One Team; One Vision; One Community

Greg Whitmore
Superintendent
"It's Great to be a Tiger!"

The mission of the Entiat School District to provide all students with the necessary knowledge, skills and attitudes to be productive and responsible citizens.

Queridas familias del Distrito Escolar de Entiat,

La primavera ha llegado oficialmente, y para cuando leas esto, probablemente estés disfrutando de las vacaciones de primavera con tu familia. Estoy seguro de que, al igual que para todo nuestro personal, este descanso es muy necesario mientras avanzamos hacia los últimos meses del año escolar. Abril es probablemente mi mes favorito, no solo porque nací en este mes hace 61 años, sino porque es un tiempo de crecimiento, tanto en la naturaleza como en nuestras escuelas, mientras los estudiantes continúan su viaje de aprendizaje y se preparan para las oportunidades que vienen.

Celebrando a Nuestros Voluntarios

Abril es el Mes Nacional del Voluntariado, y queremos aprovechar esta oportunidad para expresar nuestro más sincero agradecimiento a todos los voluntarios que dedican su tiempo y talentos a nuestras escuelas. Ya sea que estés apoyando en las aulas, ayudando a construir un invernadero, leyendo a los estudiantes o apoyando actividades extracurriculares, tu esfuerzo es invaluable. Gracias por generar un impacto positivo en la vida de nuestros estudiantes.

Deportes y Actividades de Primavera

Los deportes de primavera están en pleno desarrollo, y nuestros estudiantes-atletas continúan impresionándonos con su dedicación y trabajo en equipo. Ya se ha establecido un récord escolar en atletismo. Puedes encontrar los resultados de Entiat T&F aquí ([HERE](#)). Animamos a todos a venir y apoyar a nuestros Tigres en tenis y atletismo. Tu presencia y aliento hacen una gran diferencia para nuestros atletas, y nos encanta ver a nuestra comunidad unida para animarlos.

Mirando Hacia el Futuro

A medida que nos acercamos al final del año escolar, tenemos muchas cosas por delante: conciertos de primavera, campeonatos estatales, proyectos de los estudiantes de último año y celebraciones de graduación están a la vuelta de la esquina. Estos momentos nos recuerdan el arduo trabajo y la dedicación de nuestros estudiantes, personal y familias. ¡Sigamos trabajando juntos para terminar el año escolar con éxito!

Aún hay mucho por lograr, y apreciamos la colaboración continua de nuestras familias, personal y miembros de la comunidad para hacer de Entiat un gran lugar para aprender y crecer.

MEJOR JUNTOS: Un Equipo; Una visión; Una comunidad

Greg Whitmore
Superintendente
"¡Es genial ser un tigre!"

Dean's Corner:

*FAFSA continues to be open, we recommend that all 12th grade students complete the FAFSA to keep their options open for any University/Trade School/ Community College.

*The Lanham Scholarship is now open, and all students have access to the application process. The application is due on April 1st.

*Weekly scholarships are sent out to all 12th graders at the beginning of each week.

*PLEASE take a look at the Washington Apple Education Association Scholarship page. Two guests of this organization visited with our students earlier in the year. This is a great site to locate scholarships, etc. There is also a scholarship specifically for Entiat students.

*CREDIT RETRIEVAL: A number of students are currently registered for courses through Courseware that will allow them to make up credits that they are missing towards graduation. The students can work on these classes online whenever they have extra time. Students also have the opportunity to stay after school on Monday and Wednesdays from 3:00-3:45 to work on these courses.

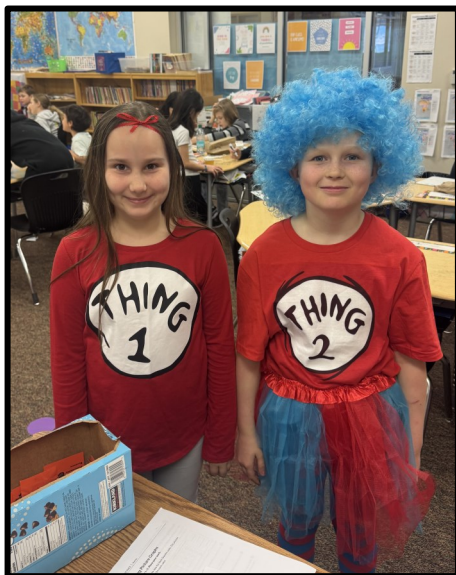
Students and their parents should begin thinking about opportunities for the 2025-2026 school year.

Running Start at Wenatchee Valley College is an option for students that have a minimum of a 3.0 cumulative Grade Point Average at Entiat. Students in 11th or 12th Grade during the 2025-2026 school year are eligible to apply.

Also, The Wenatchee Valley Tech Center registration is now open for the 25-26 school year. All 11th and 12th grade students during the 2025-2026 school year are eligible to apply.

A reminder if you have any questions regarding credits/graduation requirements/scholarships, etc., feel free to contact Mr. Edwardson at school at bedwardson@entiatchools.org.

A reminder the Entiat Library Scholarship deadline is April 15th. Get those applications turned in.



Reading Buddies!

High School students reading with 3rd grade students.



April

Entiat School District Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7. Pizza Green Beans(K-3) Green Salad (4-12) Pineapple	8. Chicken Fajita Corn Black Beans Pears Monster Cookie	9. Ham Sandwich Carrots, Red Peppers & Cucumbers Mixed Fruit	10. Super Nachos Cabbage Salsa & Red Salsa Refried Beans Corn Applesauce	11. Chicken Pattie Sandwich Tater Tots Baked Beans Oranges Juice
14. Beef Teriyaki Nuggets Steamed Rice Mixed Veggies & Peas Pineapple	15. Macaroni & Cheese Dinner Roll Green Beans & Peas Strawberries & Applesauce Cup White Cake	16. Toasted Cheese Sandwich Carrots, Red Peppers & Cucumbers Mixed Fruit	17. White Chicken Chili Tortilla Chips Corn Applesauce	18. Hamburger Oven Fries Coleslaw Oranges Juice
21. Burrito Cheese Nachos (9-12) Green Beans (K-3) Green Salad (4-12) Peaches	22. Cowboy Cavatini Dinner Roll Mixed Veggies & Peas Pears Apple Crisp	23. Tuna Or PB&J Sandwich Carrots, Red Peppers & Cucumbers Mixed Fruit	24. Soft Taco Refried Beans Corn Applesauce	25. Chicken Pattie Sandwich Tater Tots Baked Beans Oranges Juice
28. Chicken Nuggets French Bread Corn (K-3) Green Salad (4-12) Peaches	29. Spaghetti Dinner Roll Mixed Veggies & Peas Pears Spice Cake	30. Ham Sandwich Carrots, Red Peppers & Cucumbers Mixed Fruit		

Breakfast Info:

MS/HS: Breakfast of cereal, fruit and milk is served daily 7:45-8:20am. Muffins, yogurt, cinnamon toast, oatmeal, yogurt parfait will be served Monday-Friday.
Elementary: Will be offered breakfast in the classroom at 8:20 am. A choice of plain, or chocolate milk is served with each meal.



ENTIAT SCHOOL DISTRICT ACTIVITIES—APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			SPRING BREAK—NO SCHOOL			
6	7 	8 4:00PM Tennis vs Liberty Bell	9 7:45am ASB Meeting 1:15pm Tiger PRIDE assembly 4:00pm Tennis @ Pateros	10	11	12 4:00pm HS Track @ Quincy Invite 4:00pm Tennis @ Leavenworth (Cascade)
13	14 4:00pm Tennis vs Soap Lake	15	16 4:00pm Tennis @ Oroville	17 6:30pm Elementary Spring Concert	18 3:30pm HS Track @ K-Valley Rally (Kittitas)	19 4:00pm Tennis vs Tonasket 7:00pm Prom @ Bridgeport
20	21	22 4:00 HS Track @ Small Schools Meet #2 (Omak)	23 7:45 ASB Meeting 7:00pm School Board Meeting	24	25 	26 
27	28 4:00pm Tennis @ Lake Roosevelt	29 3:30pm HS Track @ Small Schools Meet #3 (Manson) 4:00pm HS Track @ Wenatchee JV invite	30 4:30pm Tennis vs Okanogan			